

# Permanent Cosmetics After Care Instructions

## Immediately Following Permanent Cosmetic Procedure:

1. You may apply ice to area 10-15 minutes, several times to aid in healing and swelling.
2. Be sure not to let the ice to melt and sit on skin without plenty of ointment before applying to treated area. Otherwise this could make you swell more. Use secure bag.

## Ointments TO BE USED during healing phase:

- **Benadryl (Antihistamine) may also help to control swelling, first day.**
- **Antibiotics Ointment on 1<sup>st</sup> day only, if you have and immune issue for healing faster.**  
**NOTE: Antibiotics could cause allergy reaction and use not advised more than once.**
- **AQUAPHOR Healing Ointment is preferred**
- **Baby wash or shampoo for cleansing**
- **Lubricant Eye Ointments (OTC) if you prefer other than Aquaphor.**
- **Preparation H can be used during healing phase to promote healing and reduce swelling on Lips, Eyes and/or Eyebrows.**

## *PRE-CARE for LIPS*

*MEDICATIONS: If you ever have had Fever Blisters or Breakouts in the past, you MUST take Prescription ZOVIRAX or VALTREX starting 24 hours prior to treatment lasting up to 5 days.*

### Do you have a HEART CONDITION?

Do you take pre-meds for the Dentist? If you have “Mitral Valve –Prolepse”

**\*\*\*You must take any (Precaution) prophylactic ANTIBOTIC Medication for Mitral Valve -Prolepse as you would if needed for Dental work.**

## 14 Days following your permanent cosmetics procedure:

- \* Apply ointment several times daily keeping pigmented area moist at all times keep area moist DO NOT LET DRY
- \* Wash pigmented area 24 hours after your process with BABY Wash or SHAMPOO. Rinse well and dry before re-applying ointment.
- \* **Keep area moist at all times, DO NOT LET DRY**
- \* **Do not rub or pick** at the epithelial crust, and no scrubbing, **only dabbing** area treated.
- \* For 7-10 days NO exposure to the SUN, swimming in fresh, salt and/or chlorinated water.
- \* Lips tend to be very dry after the procedure and "chapped lip feeling" occurs. Continue using Aquaphor.
- \* NO scratching or picking away any crust on pigmented area until fully healed. early removal of any crust may result in areas with insufficient pigment.

Follow up session if needed can be completed no sooner than 4 weeks from date of initial process.

**Enjoy Your Permanent Cosmetic!!!!**

Donna Furr 469-774-6554 or Belfiore Spa 972-771-8411  
Permanent Cosmetic IC Technician, SPCP and Lic. Esthetician  
Please call if you have any questions.